

## Laura Collins

Professional Background: Nursing background, management graduate, university disability mentor.

Expert-by-Experience: Full-time Family Carer for past 34 years. Currently supporting two adult children.

Decades of voluntary advocacy work and activism in support of family carers and those with disabilities - of which 25 years formally representing family carers at local, regional and national levels.

Current P&P Involvement: Member of a number of carer and /or disability voluntary groups Reg. Unscheduled Care PPI Group Reg. Social Work Strategy PPI Group (Citizen's Forum) Reg. Social Work Research and Service Improvement Strategy PPI Group Integrated Care Partnership - Carer Representative Belfast Trust - PPI Reference Group, Carers Reference Group, Carers Strategy subgroup PCC Membership Scheme –carer member Cochrane Collaboration - lay member

## **Research Interests:**

Early intervention on Autism Mental health pharmacology Commissioning for integrated health Designing multi-morbidity services Older People and healthier ageing Carer pathway development Reducing health inequalities